

## ***IntraLASIK***

*This document is to be used as a general reference only. These instructions may change based on the individual patient needs and situations. Protocols will update on occasion and we will do our best to keep you updated with the latest information.*

### **Time out of contact lenses**

- Soft: Minimum 2 weeks
- Soft Toric: Minimum 3 weeks
- RGP: Minimum of 3 weeks out of RGPs, must show 2 separate stable MRs beyond 3 weeks

### **Pre-Operative Medications**

- Restasis: All patients start Restasis 2x/day as directed before surgery
- Artificial Tears: 4x/day at least 1 week pre op
- Zymar: 4x/day for 3 days pre op

### **Post-operative Medications**

- Restasis: Continue 2x/day as directed for at least 6 weeks post op
- Artificial Tears: Continue 4-6x/day
- Zymar: 4 x/day for 4 days
- Pred Forte: Every hour while awake for 3 days, then twice a day for 10 days (days 4-14)

### **Standard Post-operative Appointments**

- Post-op visits: 1 day, 3 days, 1 week, 1 month, 3 months, 6 months, then annually. Dilation at annual visits.

### **Other Instructions**

- No swimming for 2 weeks
- Pred Forte may be decreased to QID day one if interface is clear and no DLK is present